

COMMISSION ON ELDER AFFAIRS

GENERAL MEETING MINUTES

Date: July 8, 2022

Time: 12:30 p.m. – 2:00 p.m.

Live via Zoom https://zoom.us/j/92154181214

Facilitator: Marsetta Ray, Chair

Board Members

Marsetta Ray, Chair, South Fulton Senior Services | Beth Cayce, District 2, Vice Chair | Mary Blake, At-Large | Ruth Lyles-Bailey, Parliamentarian, Council on Aging, West (absent) | Stephanie Fiber-Sutton, District 1 | Rosalind Elliott, District 3 | Linda Adams, District 4 | Barbara Brown, Council on Aging South (absent) | District 5 (vacant) | Jill Lindsey, District 6 | Council on Aging East (vacant) | Ann Germany, Senior Services North Fulton | La Tanya D. Walker, Senior Services Representative (non-voting)

Additional Attendees

Kweli Rashied-Henry, Milrinette Nelson, Senior Services | Visitors: Ben Howard, Senior Advocate, Eunice Glover

The meeting was called to order at 12:32 p.m., with Chairperson Ray, Vice Chair Cayce, Parliamentarian, Lyles-Bailey, Chair Pro-Tem Blake, Rosalind Elliott, Stephanie Fiber-Sutton, Jill Lindsay, Rosalind Elliott, and Ann Germany present to constitute a quorum. COEA mission statement was read by Chairperson Ray. A motion to was called by Chairperson Ray to approve the agenda. The vote to approve the agenda was taken. Stephanie Fiber-Sutton made the motion and Rosalind Elliott seconded the motion with all present approving.

Approval of Minutes

A motion was called by Chairperson Ray to approve the minutes. Rosalind Elliott made the motion and Mary Blake seconded the motion. The vote to approve the meeting minutes was taken with all present approving.

Speaker: Topic: "Diabetes Prevention and Control", Milrinette Nelson, RN, II, Fulton County Department of Senior Services

 Speaker discussed causes of diabetes, symptoms, possible consequences of diabetes, and prevention measures related to healthful eating, physical activity, elimination of bad habits, and drinking plenty of water. As for nutrition, "A colorful plate is a healthy plate."

Officers and Standing Committee Reports

Chairperson Ray – Reviewed meeting with Commissioner Pitts. Summarized the eight COEA requests for action by the Fulton County Board of Commissioner's related to senior concerns as described in the 2021 Year White Paper. (List of requests will be provided with full Minutes).

Health & Wellness – B. Cayce reported that in response to the meeting with Commissioner Pitts, she is working on developing a letter of support and obtaining a copy of the Dekalb County resolution for its Dementia-Friendly commitment to provide to Comm. Pitts.

Senior Services – L. Adams reported that after the meeting with DSS staff and New Horizons staff, conditions have improved. They have also started a small garden.

Safety & Security – No report.

Technology – No report.

Civic Life – M. Ray advised seniors to be aware of the dangers of heat and the correlation of rising heat and violence. She also expressed concern about the shortage of geriatric physicians.

Programming – M. Ray reviewed the meeting topics for the remainder of the year and the two additional workshops planned. In September, there will be a Zoom workshop on Social Security, Medicare, and Medicaid, and in November, a workshop on Long Term Care Planning.

Board Member Reporting: A. Germany, Senior Service North reported on new wave of COVID which has hit a community in North Fulton. Symptoms include GI tract upset, heart issues and vomiting. Four deaths have been reported. No other district/contract agency reports.

Senior Services Report

- Senior Services will report on the total budgeted amount for repairs.
- Virtual classes still ongoing.
- o Penelope Greer will speak on transportation at the August meeting.

Unfinished Business

- Recap of Senior Housing Workshop. There was great attendance. Suggested to keep the 10:30-12:30 timeframe.
- Rosalind Elliott agreed to chair the Communications committee

New Business

- Membership to Georgia Council on Aging discussed along with annual meeting/lunch July 14, 2022. Early registration is \$25/General \$30
- Chairperson Ray opened the floor to approve membership to GACoA.
 Mary Blake motioned, Rosalind Elliott second, with all in attendance confirming the vote.

Public Comments

Mr. Ben Howard shared comments in the chat (viewable on video).

Announcements:

None provided

Motions Approved: Motion to adjourn made by Chairperson Ray, Rosalind Elliott moved, Stephanie Fiber-Sutton seconded the motion, with all present approving.

Next Meeting

August 9, 2022 | 12:30 p.m., virtually via Zoom