



# OAM 2026 EVENT SCHEDULE

## “CHAMPION YOUR HEALTH”

DATE:	START TIME:	FACILITY or CENTER:	EVENT TITLE:	DESCRIPTION:	ONSITE LOCATION:
FRIDAY, MAY 01, 2026	9:00 AM	Darnell Facility	Older Americans Month Health Fair	The Darnell Facility in collaboration with Dr. Lovie Negrin of Winguard Family Wellness and Dr. Aminah Phillips will host our annual mini health fair. The following free health screenings are offered: blood pressure checks, glucose readings, oxygen saturation levels, temperature checks, lipid and renal panels. Additional local healthcare providers will provide informational sessions. This event will offer handouts of health related information and giveaways.	The Harriett G. Darnell Senior MP Facility 677 Fairburn Road, NW Atlanta, GA 30331 Main: 404-613-8580
MONDAY, MAY 04, 2026	10:00 AM	Benson Facility	Home Fire Prevention and Safety Tips	The Sandy Springs Fire Department will educate Benson Participants on home fire prevention and safety and how to protect themselves and property. Experts will cover installing smoke alarms, creating fire escape plans, handling kitchen/heating hazards, and using extinguishers. Learn to prevent disasters, create safety plans, and, crucially, to prioritize escape over fighting fires.	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
TUESDAY, MAY 05, 2026	10:30AM	Benson, Bowden, Darnell and Mills	Adult Day Health “Price is Right”	The adult day programs will host “The Price is Right” game show. The participants from all four centers will engage in the nostalgic game guessing prices of familiar items. This activity will enhance memory while strengthening brain health.	Emma Darnell Aviation and Conference Center 3900 Aviation Cir. NW Atlanta GA 30336
TUESDAY, MAY 05, 2026	11:30 AM	Benson Facility	Cinco de Mayo	Celebrate Cinco de Mayo and Older Americans Month with a vibrant event honoring cultural heritage and the contributions of older adults. Enjoy festive music, entertainment, and delicious food.	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
WEDNESDAY, MAY 06, 2026	10:00am	Fulton County BOC Assembly Hall	OAM Proclamation Presentation	Board of Commissioners Presentation of Proclamation made to the Department of Senior Services declaring May as Older American’s Month in Fulton County in 2023.	Fulton County Government Center; Assembly Hall; 141 Pryor Street and streamed live on YouTube
WEDNESDAY, MAY 06, 2026	10:00 AM	Dogwood	OAM Luau Dance Party	Seniors will dance and play games to celebrate Older American’s Month	1953 Donald Lee Hollowell Pkwy, Atlanta GA 30318
WEDNESDAY, MAY 06, 2026	12:00 PM	Benson Facility	Senior Provisions : A Life For Seniors Hybrid Workshop	The purpose of “A Life For Seniors” is to provide a platform for seniors to find Resources and nurture their sense of purpose, assist with downsizing, home health assistance fulfillment, and joy. <a href="https://zoom.us/j/92295045438?from=addon">ZOOM LINK https://zoom.us/j/92295045438?from=addon</a>	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
FRIDAY, MAY 08, 2026	10:00 AM	Palmetto	Tea Party	Mother’s Day Tea	510 Turner Avenue, Palmetto GA 30268
FRIDAY, MAY 08, 2026	11:00 AM	Darnell Facility	Mother’s Day Brunch & Tea “Queens and their Chapeaux’s”	Please join us for the return of “Queens and their Chapeaux’s” A Mother’s Day Brunch & Tea. Wear your Sunday best and stylish “chapeaux” for an afternoon of sipping tea, brunch nibbles and fellowship. The event includes a mini hat fashion show provided by the Darnell Fashion Team of Distinction. Other activities include trivia, games and prizes. A ticketed event \$3.27 per person.	The Harriett G. Darnell Senior MP Facility 677 Fairburn Road, NW Atlanta, GA 30331 Main: 404-613-8580
FRIDAY, MAY 08, 2026	02:00 PM	Bowden Facility	Mothers Day Celebration	A celebration honoring all mothers. DJ Sabir will bring his musical talents for this event. All mothers will receive gifts and roses presented by The Men of Bowden.	The HJC Bowden Senior MP Facility 2885 Church Street East Point, GA 30344 Main: 404-613-6131
FRIDAY, MAY 08, 2026	12:00 PM	Mills Facility	Mother’s Day Afternoon Tea	Spring dresses, fabulous hats, and pinkies up! The ladies are taking over The Dirty Tea. Join us for a glamorous afternoon of style and sophistication. From dainty tea sandwiches and delectable desserts to clinking China, it’s the Mother’s Day celebration you’ve been waiting for. Don’t forget your vintage spring gloves—let’s spill the tea in style!	The Helene S. Mills Senior MP Facility 515 John Wesley Dobbs Ave., SE Atlanta, GA 30312 Main: 404-613-5820
MONDAY, MAY 11, 2026	11:00 AM	Sandy Springs	Fire Department Presentation	Think Fast, Act Early: UTI & Sepsis Safety -Shares the dangers of UTI & Sepsis and addresses the early signs and need for early action	6500 Vernon Woods Drive NE., Sandy Springs GA 30328

<b>MONDAY, MAY 11, 2026</b>	<b>8:30 AM</b>	<b>Benson Facility</b>	<b>Spirit Week</b>	A fun, themed week (05/11/26 thru 05/15/26) of activities designed to boost spirit, promote unity, and encourage participation among members and staff.	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
<b>TUESDAY, MAY 12, 2026</b>	<b>10:00 AM</b>	<b>Darnell Facility</b>	<b>Bloom and Brush</b>	A pot painting workshop sponsored by the Fulton County Dept. of Public Works. Join us for this lively workshop. Participants will paint flowerpots, plant seeds and learn some gardening tips to help your plants thrive. All supplies are provided – just bring creativity and get ready to pot it like it’s hot!	The Harriett G. Darnell Senior MP Facility 677 Fairburn Road, NW Atlanta, GA 30331 Main: 404-613-8580
<b>WEDNESDAY, MAY 13, 2026</b>	<b>7:30 AM</b>	<b>Darnell Facility</b>	<b>Older Americans Month Walk for Wellness</b>	Darnell participants will join in our Walk for Wellness, celebrating Older Americans Month. Participants will walk twice(1/2 mile or four times around (1 mile) around the perimeter of the facility. Tokens & breakfast provided for all walk participants.	The Harriett G. Darnell Senior MP Facility 677 Fairburn Road, NW Atlanta, GA 30331 Main: 404-613-8580
<b>WEDNESDAY, MAY 13, 2026</b>	<b>9:00 AM</b>	<b>Auburn</b>	<b>OAM Celebration</b>	We will play bingo and enjoy Zumba with Regina	300 Edgewood Ave SE., Atlanta GA 30312
<b>THURSDAY, MAY 14, 2026</b>	<b>10:00 AM</b>	<b>Mills Facility</b>	<b>Field Day Games</b>	We’re taking over the turf with favorites like Cornhole, Fishbowl, and a massive Giant Golf/Dart challenge. Need a break from the sun? Head inside after lunch for a card game lounge featuring Bid Whiz, Spades and Uno. Not to mention legendary Wii Bowling strikes and classic tabletop battles. Whether you’re here to dominate the leaderboard or just vibe with friends, there’s a game with your name on it. Don’t miss out on the action!	The Helene S. Mills Senior MP Facility 515 John Wesley Dobbs Ave., SE Atlanta, GA 30312 Main: 404-613-5820
<b>FRIDAY, MAY 15, 2026</b>	<b>12:00 PM</b>	<b>Mills Facility</b>	<b>Senior Resource Fair</b>	Join us at Helene S. Mills for a high-energy afternoon of empowerment! In partnership with Atlanta Housing Authority (AHA), we’re bringing the neighborhood’s best resources under one roof. This isn’t just a resource fair—it’s your “one-stop-shop” to connect with amazing local organizations doing big things for you. Don’t just grow this spring... bloom.	The Helene S. Mills Senior MP Facility 515 John Wesley Dobbs Ave., SE Atlanta, GA 30312 Main: 404-613-5820
<b>FRIDAY, MAY 15, 2026</b>	<b>9:30 AM</b>	<b>Bowden Facility</b>	<b>Health and Fitness Day</b>	Learn about different fitness programs and healthy living options, as well as engage in physical activities that will improve your overall health and well being. This event will include a swim meet and a dance workshop.	The HJC Bowden Senior MP Facility 2885 Church Street East Point, GA 30344 Main: 404-613-6131
<b>FRIDAY, MAY 15, 2026</b>	<b>10:00 AM</b>	<b>New Beginnings</b>	<b>OAM Health Fair</b>	Senior Health Fair	66 Brooks Drive, Fairburn GA 30213
<b>FRIDAY, MAY 15, 2026</b>	<b>10:00 AM</b>	<b>Union City</b>	<b>OAM Wellness Day</b>	Senior Wellness Day	5285 Lakeside Drive, Union City GA 30291
<b>MONDAY, MAY 18, 2026</b>	<b>11:00 AM</b>	<b>Benson Facility</b>	<b>Heart Health Nutrition</b>	Heart disease is the #1 cause of death for men and women in the US. There is a direct link between nutrition and maintaining heart health. This class will focus on managing risks like hypertension and cholesterol through diet, emphasizing low-sodium, nutrient-dense, and fiber-rich foods.	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
<b>TUESDAY, MAY 19, 2026</b>	<b>10:00AM</b>	<b>Mills Facility</b>	<b>Billiards Tournament 1st Day</b>	A friendly two day billiards tournament where Mills Facility participants will compete against each other. Trophies awarded to the 1st and 2nd place winners.	The Helene S. Mills Senior MP Facility 515 John Wesley Dobbs Ave., SE Atlanta, GA 30312 Main: 404-613-5820
<b>WEDNESDAY, MAY 20, 2026</b>	<b>10:00AM</b>	<b>Mills Facility</b>	<b>Billiards Tournament 2nd Day</b>	A friendly two day billiards tournament where Mills Facility participants will compete against each other. Trophies awarded to the 1st and 2nd place winners.	The Helene S. Mills Senior MP Facility 515 John Wesley Dobbs Ave., SE Atlanta, GA 30312 Main: 404-613-5820
<b>WEDNESDAY, MAY 20, 2026</b>	<b>10:00AM</b>	<b>Bowden Facility</b>	<b>Arts and Crafts Walk</b>	An Art Exhibition featuring works of art by older americans, showcasing their unique perspective and experiences through various mediums such as painting, drawings, crocheting, jewelry making, card making and quilting.	The HJC Bowden Senior MP Facility 2885 Church Street East Point, GA 30344 Main: 404-613-6131

THURSDAY, MAY 21, 2026	01:00 PM	Benson Facility	May Birthday Celebration	Purpose of Birthday Celebration The purpose of birthday celebrations is multifaceted, encompassing personal growth, social connection, and cultural significance.	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
THURSDAY, MAY 21, 2026	10:00 AM	Camp Truitt	BBQ Fun	Seniors will dress in 50's attire and enjoy grilled foods.	4320 Herschel Road, College Park GA 30337
FRIDAY, MAY 22, 2026	06:00 PM	Mills Facility	Evening of the Arts	An art show featuring art created by Mills Facility participants. This special art show is open to the public and will feature good music, food and great fellowship.	The Helene S. Mills Senior MP Facility 515 John Wesley Dobbs Ave., SE Atlanta, GA 30312 Main: 404-613-5820
FRIDAY, MAY 22, 2026	4:00PM	Bowden Facility	Masquerade Sneaker Ball	This unique party concept combines the elegance of a traditional ball with the edgy, casual flair of sneakers. It's all about expressing your personality through your favorite Sneakers.	The HJC Bowden Senior MP Facility 2885 Church Street East Point, GA 30344 Main: 404-613-6131
FRIDAY, MAY 22, 2026	10:00 AM	Bethlehem	Older American Spring Fashion Show Extravaganza	Seniors will display their creative styles and sense of fashion	215 Lakewood Way SW., Atlanta GA 30315
FRIDAY, MAY 22, 2026	10:30 AM	New Horizons	New Horizon Health Fair	New Horizon in collaboration with Atlanta Police Institute will be hosting our health fair in observance of Older American Month. There will be different health vendors and sponsors offering free health screenings, wellness education, and resources, often featuring services like blood pressure checks, nutrition tips, and COVID-19 info.	745 Orr Street NW., Atlanta GA 30314
TUESDAY, MAY 26, 2026	9:00 AM	Darnell Facility	"Boundless!" Darnell Artist Walk	This year's exhibit will feature the works of Darnell participants in the following classes: Jewelry Making ( Anne King), Hand Built Pottery, Making Something Out of Nothing, Putting It All Together, Drawing Board, Word Up, and Smart Art (Kimberlie Wright) Deco Art, Art Appreciation, Acrylics I and II ( Jamal Jones), Paper Crafts (Leona James) Crocheting (Vanessa Williams & Betty Coleman) and Quilting( Gwendolyn Alexander) This event is from 9:00am - 4:30pm on May 26th and May 27th.	The Harriett G. Darnell Senior MP Facility 677 Fairburn Road, NW Atlanta, GA 30331 Main: 404-613-8580
WEDNESDAY, MAY 27, 2026	02:00 PM	Benson Facility	The Clerk of Superior & Magistrate Courts presents the Senior Facility Bingo Tour 2026	Let's Play Bingo: Bringing R.E.A.A.C.T. Information, services, resources, prizes & fun to the Benson Center	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
WEDNESDAY, MAY 27, 2026	10:00 AM	Bowden Facility	Advocating For Yourself	Due to the changing nature of American policies, this seminar will aim to help seniors learn what rights they have as citizens and residents of Georgia, so they can protect themselves with knowledge.	The HJC Bowden Senior MP Facility 2885 Church Street East Point, GA 30344 Main: 404-613-6131
WEDNESDAY, MAY 27, 2026	10:00 AM	Hapeville	Balancing Life and Blood Pressure	Presentation on Balancing Life with your Blood Pressure	527 King Arnold Street, Hapeville GA 30354
WEDNESDAY, MAY 27, 2026	10:00 AM	Southeast	Healthy Cooking	Healthy Cooking demonstrations	1650 New Town Circle, SE., Atlanta GA 30315
WEDNESDAY, MAY 27, 2026	11:00 AM	Crabapple	Missing Man Table Ceremony	Memorial Day History remembrances and ceremony.	12624 Broadwell Road, Aplharetta GA 30004
THURSDAY, MAY 28, 2026	04:00 PM	Benson Facility	Evening of the Arts	Join us for an enchanting Evening of the Arts, celebrating art in its many forms. Participants will be invited to show off their chosen works of: Sculpture, Painting, Jewelry, Textiles, Music, and more. Their work will be on display screens in the Multipurpose Dining Hall for viewing. Enjoy an inspiring atmosphere filled with artistry, elegance, and imagination.	The Dorothy C. Benson Senior MP Complex 6500 Vernon Woods Drive Sandy Springs, GA 30328 Main: 404-613-4900
FRIDAY, MAY 29, 2026	10:00 AM	Milton	Trivia Challenge	Exciting Team Trivia Challenge	15690 Hopewell Road, Milton GA 30004